

# HUILAKANU



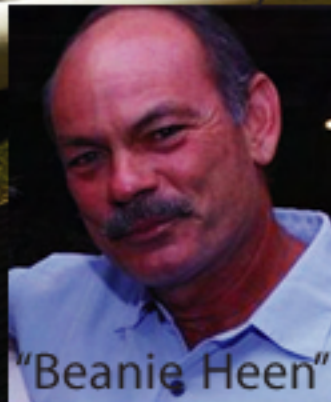
## RACE TO FITNESS

SERIES

"LET THE TRAINING BEGIN"  
7.5 mile run

## WAIULI TO HILO BAY

In Memory of



"Beanie Heen"

FUN  
FAMILY  
FRIENDS  
FITNESS

DEC. 3, 2011  
CHECK IN: 7:30am  
RACE START AT 9:30 am

TIGER CANOE



NATURAL HEAT HAWAII

kailuakanu.com

ISLAND OF HAWAII  
SURF CAMP

CRUSIN COFFEE

# DaHu



VOLUME.2